Overview

of the

Women in Harmony Programme

from

2002 - 2010
The Women in Harmony Programme

**Project Name**
Women in Harmony Programme – Elderly Care and Agriculture/Landscaping

**Background**
The Women in Harmony Programme was designed to address the problems of unemployment among large numbers of women in need, viz. women who are in the main, single heads of households with low/no skills, low/no income.

- **Target group:** Twenty-six (26) - forty-five (45) years.
- **Duration:** Twelve (12) weeks

**Objectives**
- To train women in skills related to the care of elderly persons or agriculture/landscaping;
- To enhance the self-development and self-esteem of females;
- To help low/no skilled female head of household to become employable.

**Programme Design**

- Community Centres and Regional Complexes are utilised as Centres for delivering the theoretical component of the programmes.
- Government Health Institutions as well as Private Institutions and Homes for the Aged are utilised as Centres for delivering the practical aspect of the Elderly Care training.
- Practical aspect of the agriculture programme is conducted at the training site or a nearby public facility.
- A qualified Tutor and a Tutor’s Assistant administer the training at the various training centres.
• Qualified Social Workers provide life skills training, whilst childcare is provided on site or at a nearby nursery.
• Basic training materials and a stipend based on daily attendance are provided for participants.
• There is Collaboration with the Ministry of Agriculture with regards to specific areas of training/practicals; e.g. budding and grafting.
• Workshops on HIV/AIDS, Domestic Violence and Financial Management are conducted for all trainees.

Course Content

Modules covered under the programme include:

Elderly Care

• Identifying and Understanding the Geriatric
• Basic Anatomy and Physiology
• The Role of the Caregiver
• Occupational Therapy
• Safety in the Workplace
• HIV/AIDS
• Aging Process
• General Health Care of the Geriatric
• Taking Vital Signs
• Death and Dying
• Health Care Ethics
• Nutritional Needs of the Elderly
• Palliative Care
• Chronic Diseases
Agriculture/Landscaping

- Introduction to Grow Box Technology
- Introduction to Soils/Soils Amendments
- Landscape Design Theory and Practical
- Container Planting
- Short Term Crop Production
- Safety Procedures
- Agro Processing
- Pest/Disease Control
- Composting
- Operation of Tools and Equipment
- Plant Propagation
- Chemical Fertilization and Treatment
- Floral Arrangement – Indoor/Outdoor
- Business Studies – Pricing & Accounting

Practicum
Elderly Care

- A three-week period is utilised for practicum; several institutions for the aged throughout the island are used to carry out these exercises. Students are given an opportunity to practice components taught in the theory sessions.

Agriculture/Landscaping

- Some practical aspects of the Agriculture/Landscaping Project are done at various Government Institutions/Community/Civic Centres and Regional Complexes

Assisting Agencies

- NEDCO –financial management
- NACC -HIV/AIDS
- Ministry of Health/Regional Health Authorities
• Ministry of Agriculture, Lands and Marine Resources
• Caribbean Chemicals – types of chemicals, usage and handling of chemicals
• Community Police
• Social Services Delivery
• Trinidad and Tobago Fire Services
• Cancer Society
• NAADAP

**Expected Outcomes**

- Increased understanding, knowledge and awareness in the respective fields of training
- Enhanced marketable skills
- Improved Family Relation.
- Reduction in the level of unemployment

**Caregivers**

Approximately ten (90%) percent of the Participants from the Women in Harmony Programme are recruited through the Geriatric Adolescent Partnership Programme (GAPP) Placement Agency.

**Evaluation**

This programme is evaluated at various stages and levels. These include:

- Regular and impromptu visits to all training centers
- Debriefing sessions at the end of each cycle with project personnel
- Appropriate evaluation of participants and project personnel
- A monthly reporting instrument is completed by all centres.
<table>
<thead>
<tr>
<th>Period</th>
<th>Number of Participants (Centres)</th>
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<tbody>
<tr>
<td></td>
<td>Agriculture/Landscaping</td>
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<td>237</td>
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<tr>
<td>2009-2010</td>
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Total number of participants trained – 3501
WOMEN IN HARMONY PROGRAMME

VENUES
From the Fiscal Year 2002 – 2010

2002 – 2003

**Elderly Care**

- Lisas Gardens Community Centre
- Pleasantville Community Centre
- Laventille Regional Complex
- La Horquetta Regional Complex
- Mayaro Civic Centre
- Point Fortin Civic Centre
- St Paul Street Multi Purpose Facility
- Valencia
- Baseterre Community Centre

**Agriculture/Landscaping**

- Maloney Regional Complex
- Barataria regional Complex
- Sangre Grande Civic Centre
- Princes Town Community Centre
- Adult Education Centre, St. Ann’s
- Pleasantville Community Centre
2003 - 2004

**Elderly Care**

Princes Town Community Centre
J. C. McDonald Home for the Aged Auditorium, San Fernando
Cocoyea Village Community Centre
Arouca Community Centre
Maloney Regional Complex
Adult Education Centre, St. Ann’s
Misir Community Centre
Aranguez Community Centre
Chaguana Community Centre
Cumana Community Centre
Fyzabad Regional Complex

**Agriculture/Landscaping**

Ste. Madeleine Regional Complex
Tacarigua Community Centre
St. Augustine Regional Complex
South Diego Martin Community Centre
Las Cuevas (Health Centre)
Lisas Gardens Community Centre
Rio Claro Community Centre
Manzanilla Community Centre
2004 - 2005

**Elderly Care**

Warrenville Regional Complex  
Chinapoo Community Centre  
Carenage Regional Complex  
Barrackpore Regional Complex  
Sangre Grande Civic Centre  
Arima Community Centre  
Southern Training Institute, San Fernando  
Rio Claro Community Centre  
Fanny Village Community Centre  
Cumana Community Centre  
St. Augustine Regional Complex  
Wharf Trace Community Centre, St. Joseph

**Agriculture/Landscaping**

Felicity Community Centre  
Laventille Community Complex  
Mayaro Civic Centre  
Sobo Community Centre  
Mon Repos Community  
La Fillette Community Centre
2005 - 2006

Elderly Care

Barrackpore Regional Complex
Warrenville Regional Complex
Laventille Community Complex
Point Cumana Regional Complex
Arouca Community Centre
Valencia Community Centre
Southern Training Institute, San Fernando
Clarke Rochard Community Centre, Penal
Plaisance Park Community Centre
Chinapoo Community Centre
Palo Seco Community Centre
Misir Community Centre

Agriculture/Landscaping

Mendez Community Centre
La Pastora Community Centre
La Tosca Community Centre
Clarke Rochard Community Centre, Penal
2006-2007

**Elderly Care**

Five Rivers Community Centre, Arouca  
Federation of Women Institute, Cocorite  
Laventille Community Complex  
Vistabella Regional Complex  
Esperance Regional Complex  
Warrenville Regional Complex  
Barrackpore Regional Complex  
East P.O.S Youth Facility (Despers)  
Tacarigua Community Centre  
Gasparillo Community Centre

**Agriculture/Landscaping**

Brazil Community Centre  
Morne Diablo Community Centre  
Maracas/St. Joseph Community Centre  
Om Karr Temple, Barrackpore
2007-2008

Elderly Care

**Cycle I**  
Fyzabad Regional Complex  
Pleasantville Community Complex  
Felicity Community Centre  
Sangre Grande Community Centre  
Curepe Community Centre  
Laventille Community Complex  
North Diego Martin Community Centre

**Cycle II**  
Barrackpore Regional Complex  
Plaisance Park Regional Complex  
Brooklyn Settlement Community Centre, Sangre Grande  
Arima Community Centre  
Longdenville Community Centre  
St. Paul Street Multi-Purpose Facility  
Barataria Community Centre

Agriculture/Landscaping

**Cycle I**  
Ste Madeleine Regional Complex

**Cycle II**  
Basseterre Community Centre  
Mayaro Civic Centre  
Palo Seco Community Centre
2008 - 2009

Elderly Care

**Cycle I**  
South Diego Martin Community Centre  
Laventille Regional Complex  
St. Augustine Regional Complex  
Sangre Grande Civic Centre  
Williamsville Community Centre  
La Romaine Community Centre

**Cycle II**  
Federation of Women’s Institute  
Five Rivers Community Centre  
Balmain Community Centre  
Rambert Community Centre

Agriculture/Landscaping

**Cycle I**  
Warrenville Regional Complex  
Gordon Miller Community Centre  
Biche Community Centre  
Embacadere Community Centre

**Cycle II**  
Fanny Village Community Centre  
Brooklyn Community Centre  
Barrackpore Regional Complex  
Brazil Community Centre
2009 - 2010

Elderly Care

**Cycle I**
- Basse Terre Community Centre
- Hard Bargain Community Centre
- St. Joseph Road Community Centre, Port of Spain
- Diamond Vale Community Centre
- St. Joseph Community Centre
- Vega de Oropouche Community Centre
- Felicity Community Centre
- Bamboo Duncan Community Centre
- Cedros Community Centre

**Cycle II**
- St. Augustine Multi-Purpose Facility
- Rio Claro Community Centre
- P.O.S. East Regional Complex
- Barrackpore Regional Complex

Agriculture/Landscaping

**Cycle I**
- Maracas Bay Community Centre
- Radix Community Centre
- Penal Central Community Centre

**Cycle II**
- Mathura Community Centre